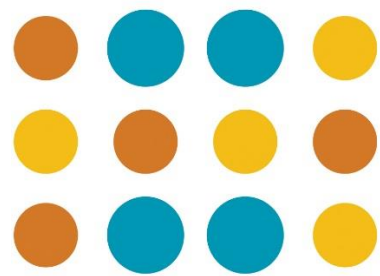


GREENVILLE



can

Strengthening Community for
Special Needs and Disabilities

Recreation Guide

For

Individuals with Special Needs &
Disabilities

2015

Introduction:

Greenville CAN is a network of self-advocates, service providers, families, and community stakeholders dedicated to making our community a better place to live for individuals with disabilities. One of Greenville CAN's focus areas is recreation and arts opportunities for individuals with disabilities.

Greenville has more to offer than most people realize for individuals with disabilities. This guide is a collection of recreation and arts opportunities developed by Greenville CAN's Having Fun Workgroup. Visit www.greenvillecan.org to learn more about Greenville CAN.

How to use this guide:

Disability Specific Opportunities:

The first part of this guide list opportunities that are specifically for individuals with disabilities. Each category such as Camps, Dance, Etc is listed in alphabetical order.

Inclusive / Accommodating Settings:

The second part of this guide list opportunities that are inclusive or at least accommodating for individuals with disabilities. Each category is listed in alphabetical order.

Disclaimer:

The information in this guide is designed to help individuals find opportunities for recreation and arts in Greenville County; however, the organizations, activities, and programs listed in this guide are not specifically endorsed by Greenville CAN. Individuals are encouraged to verify information with any organization before attending or participating.

Help us grow the list:

If you have experience with a disability specific recreation / art experience or know of experiences that are inclusive / accommodating that are not in this guide please contact Mike Teachey at mike.teachey@greenvillecan.org.

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Disability Specific Opportunities

Baseball

Mauldin Miracle League

The Mauldin Miracle League provides annual opportunities for over 140 children and adults with physical and developmental disabilities to play baseball. The League is comprised of two divisions.

All Stars Division: Each player is paired with a buddy to help them bat from a tee or pitched ball, run the bases, and play the field.

All American Division: Includes children and adults who do not need much if any assistance.

Both divisions play eight games each spring and fall on a specially designed wheelchair accessible field at Sunset Park in Mauldin.

The mission of the Mauldin Miracle League is “Every child deserves a chance to play baseball” and no player has been turned away for financial reasons.

Location: Sunset Park in Mauldin

Website: www.mauldinmiracleleague.com

Contact: Jeff Powers – (864) 303-2362 jefflori123@charter.net

Mauldin Maulers

The Mauldin Maulers play adult wheelchair softball at Sunset Park in Mauldin. Call or visit their Facebook page for more information.

Location: Sunset Park in Mauldin

Facebook: <https://www.facebook.com/pages/Mauldin-Maulers/109821332375029>

Contact: Byron Armentrout - (864) 369-2791

Basketball

First Baptist Church in Greenville

First Baptist Church in Greenville offers pick up wheelchair basketball every Tuesday from 2:30 – 4:30pm. Players must be able to push a manual chair. Call Josh at (864) 559-6240 to RSVP or for more information.

Location: First Baptist Church, 847 Cleveland Street, Greenville

Biking / Hand-Cycling

Heather's Ride

The Heather's Ride program provides individuals with disabilities the opportunity to participate in the thrill of riding a bike on the Greenville Health System Swamp Rabbit Trail using a specially designed tandem bike with a parent or a caregiver. The front seat is designed to buckle in the rider and position them to be as active as they are able. If they can pedal, they pedal. If they can't, the front pedals can be locked. The parent / caregiver steers from behind.

Location: TTR Bikes located at 101 S. Hudson Street, Greenville, SC 29601

Cost: Free

Reservations Required: Call 864-283-6401

Tuesday – Friday 10 – 6

Saturday 10 - 4

www.facebook.com/ttrbikes

info@ttrbikes.com

Roger C. Peace

Roger C. Peace hosts adaptive cycling rides the second and fourth Thursday of each month from April to October. The rides are from 6 – 7:30pm and begin at the Swamp Rabbit Café and Grocery, 205 Cedar Lane Road, Greenville, SC. Register in advance with Kristen Caldwell at kcaldwell5@ghs.org or 864-455-2627.

Events can also be found on: www.facebook.com/RogerCPeace

<http://www.ghs.org/rcp.communityevents>

“I Can Bike” Program at Eastside YMCA

The I Can Bike program is a five day program that teaches individuals with disabilities how to ride a bike independently. The program serves individuals 8 years and older. Riders must be able to walk independently.

Location: Taylors First Baptist Church, 200 West Main St., Taylors, SC 29687

Cost: Varies based on funding. Bikes and equipment are provided.

Contact: Lindsay Buckles at icanbikegreenville@gmail.com or 864-292-2790 ext. 15 or 803-431-1997

I Can Bike is part of a national effort called iCan Shine. Learn more at www.icanshine.org/ican-bike-taylors-sc/.

Greenville Cycling & Multi-Sport

Greenville Cycling & Multi-Sport is a locally based training and performance center with experience and expertise in training emerging and elite level para-cycling athletes.

Location: 205 Cedar Lane Road, Suite E, Greenville, SC 29611

Contact: Jim Cunningham – 864-430-7871 / info@greenvillecyclingcenter.com

www.greenvillecyclingcenter.com

Camps

Camp Spearhead

Camp Spearhead is a residential summer camp for youth (8yrs +) and adults with special needs and disabilities operated by Greenville County Rec in northern Greenville County. Camp Spearhead serves approximately 90 campers per week and offers eight one-week sessions June through July.

Location: Pleasant Ridge Camp & Retreat Center, 4232 Highway 11, Marietta, SC 29661

Cost: \$320 +/- per week (Scholarships are available.)

Contact: Randy Murr 864-288-6470 ext. 127 or rmurr@greenvillecounty.org

www.campspearhead.org

Pretty Place Star Gazers Retreat – YMCA Camp Greenville & Greenville County Rec
The Pretty Place Star Gazers Retreat takes place annually on the weekend after Labor Day at the YMCA's Camp Greenville. This retreat serves families of children with Down Syndrome.

Location: YMCA Camp Greenville – 100 YMCA Camp Road, Cleveland, SC 29635

Cost: \$140 for a family of three and up

Contact: Randy Murr – 864-288-6470 ext. 127 or rmurr@greenvillecounty.org or groupcamping@ymcagreenville.org 864-836-3291

Young Life Capernaum Group (Faith Based) (David's Table)

Young Life Capernaum is part Young Life Greenville that serves teens and young adults with disabilities. Young Life offers summer and weekend camp opportunities at their Carolina Point facility near Brevard, NC open to individuals with and without disabilities.

Location: Carolina Pointe (Near Brevard, NC)

Cost: \$500 +/- Scholarships are available / Weekend Camps \$150 +/-

Contact: Skeeter Powell 864-915-2479 or Brian Cooper 864-350-3676

Camp Burnt Gin

Camp Burnt Gin is a residential summer camp for children who have physical disabilities and chronic illnesses. They maintain a 3 to 1 camper to staff ratio and enrollment is limited to children from South Carolina. Camp Burnt Gin offers four one-week sessions for ages 7ys – 15yr, two one-week sessions for ages 16yrs – 20yrs, and one 4-day session for 21yrs – 25yrs.

Location: Wedgefield, SC (Sumter County)

Cost: Free

Contact: Marie Aimone 803-898-0784 campburntgin@dhec.sc.gov

<http://www.lscdhec.gov/health/childteenhealth/servicesforchildrenwithspecialhealthcareneeds/cbg/>

Clemson University Outdoor Lab Camps

The Clemson University Outdoor Lab plays host to four different camps for individuals with disabilities.

- **Jaycee Camp Hope** is for children and adults, ages 7 and older, who have developmental disabilities. Camp Hope offers 3 one-week sessions and 1 two-week session. The cost is \$395 in-state.
- **Camp Sertoma** is for children ages 7 – 13 who are either underprivileged or who have a speech or hearing impairment. Camp Sertoma offers 6 one-week sessions. The camp is free. Participants must register through a Sertoma Club.

- **Camp Lions Den** is for children and teens ages 7 – 17 who have visual impairments or are blind. Camp sessions are one-week. Camp Lions Den is free.
- **Camp Sunshine** is for children ages 6+ and adults who have severe and profound developmental disabilities. Camp Sunshine offers six weekend retreats through the school year. Cost to attend is free but a \$50 registration fee is required.

For questions or additional information to determine the best program for your camper, contact the camp director at cuolcamps-L@clermson.edu or 864-646-7502.

South Carolina School for the Deaf and the Blind

The South Carolina School for the Deaf and the Blind offers camps for ages 6 – 16. Activities include horseback riding, waterpark, music, dance, bowling, cooking, career exploration and more.

Cost: Free (Bring \$40 for field trips and incidental expenses)

Contact: 888-447-2732 toll free – lgray@scsdb.org

www.scsdb.org

Cheerleading

Special Olympics Greenville

Middle school through young adult girls can be involved in cheerleading through Special Olympics Greenville.

Location: The Pavilion Recreation Complex

Cost: None

Contact: Lisa Finch 864-991-9693 or Lara Ceisel 864-288-6470

Dance

Artisan Dance

Artisan Dance offers Ballet, Jazz, and Tap for individuals with special needs ages 7 – 16 on Saturdays from 11:00am – 12:00pm.

Location: After School Plus – 255 Service Bay Road, Mauldin, SC 29662

Cost: \$62 / Month

Contact: 864-395-5304 / 864-228-0961

www.artisandance.org

Carolina Dance Collaborative

Carolina Dance Collaborative offers inclusive summer camps for individuals with disabilities as well as classes specifically catered for pre-teen-adult individuals with disabilities. CDC is a mobile Community Dance Outreach Company and does not have a physical location as they primarily collaborate with other businesses, facilities, and organizations in the Upstate.

Contact: Kelsey Crum, (864) 315-3732, info@carolinadancecollaborative.com

Website: CarolinaDanceCollaborative.com

Adaptive Christmas Flash Mob: Ages 12-Adult for individuals with Disabilities. Performs at Fountain Inn Christmas Festival on December 12th. 4 Rehearsals leading up to Performance on Tuesday Nights from 6:30-8. Total Cost: \$50.

CONNECT Weekly Adaptive Classes: Saturday morning classes for preteen, teen, and adult levels for participants with disabilities as well as their SIBLINGS. Performance culminates at the end of the year. Monthly Cost: \$45/month

For more information concerning these programs, visit www.carolinadancecollaborative.com and look under yearlong programs with 'Disabilities and Special Needs Programs' listed at the bottom of the page.

International Ballet Academy

The International Ballet Academy provided classes for adults with disabilities in partnership with the Greenville County Disabilities and Special Needs Board. Currently, participants must be part of GCDSNB's program; however, efforts are underway to expand the program beyond GCDSNB participants.

Location: 1018 S. Batesville Road 1-CD, Greer, SC 29650

Cost: Free (Limited to GCDSNB participants)

Contact: Lena Forster 864-879-9404

www.internationalballetacademy.net

Golf

Roger C. Peace

Roger C. Peace offers golf clinics 4 times / year for youth and adults with physical disabilities at the Eagle Zone as part of their UCAN Sports program. RCP is a Paralympic Sport Club, which is a partnership with the U.S. Paralympics to promote Paralympics sports across the country among people with physical impairments. The events are free and open to anyone with a physical disability.

Location: Eagle Zone, 8000 Pelham Road, Greenville, SC

Cost: Free

Contact: Kristen Caldwell, 864-455-2627 kcaldwell5@ghs.org

www.facebook.com/RogerCPeace

<http://www.ghs.org/rcp.communityevents>

Special Olympics Greenville

Special Olympics Greenville offers golf for individuals 8yrs and older.

Location: Eagle Zone

Cost: No Cost

Contact: Lara Ceisel, 864-288-6470 lceisel@greenvillecounty.org

Gymnastics

Easley Foothills Gym

Every other Saturday morning from September 6. Every Saturday starting in January.

Location: 198 Couch , Easley, SC 29642

Contact: Penny Crocker at tigerfans@thecdr.net

Horseback Riding

Bramblewood Stables

Bramblewood Stables is a riding academy in the truest sense where all students, regardless of needs or abilities, work within the traditional program in a series of one-on-one instruction. Bramblewood Stables believes everyone should explore the gifts of the horse in a nurturing, positive environment. Bramblewood is located 15 minutes from downtown Greenville. Lessons are offered throughout the day and year, Tuesday through Sunday.

Cost: \$45 per one-hour private session.

Contact: Kim Carter at 864-363-3727 or bramblewoodstables@gmail.com

www.bramblewoodstables.com www.facebook.com/bramblewoodstables

Eden Farms – Happy Hooves Program

Eden Farms offers therapeutic riding lessons for children and adults with lessons tailored to suit the individual's needs. Lessons typically last 30 minutes and can include grooming and saddling as well as riding.

Location: 4700 Dacusville Highway, Marietta, SC 29661

Cost: \$39 per lesson - Some scholarships & group programs available

Contact: Caroline Tawney at 864-898-0043 or edenfarmssc@aol.com

www.edenfarms.net/happy-hooves-therapeutic-riding.html

Leap of Faith Farm

Leap of Faith Farm offers therapeutic horseback riding to children and adults with physical, cognitive, and behavioral disabilities. Leap of Faith Farm offers a wheelchair mounting ramp, low class numbers, and a peaceful in-town setting. Instructor has been a PATH, Intl Registered Instructor since 2001. Spring, Summer, and Fall sessions are available, as well as field trip opportunities for small groups and special education classes.

Location: 313 Shagbark Circle Simpsonville, SC 2968

Cost: \$30 per lesson, with a 4 week minimum commitment. Field trips are \$10 per participant.

Contact: Melissa Palotta (864) 351-9222 melissapalotta@yahoo.com www.leapoffaithfarmllc.com

Let's Saddle Up

Let's Saddle Up therapeutic horsemanship is a non-profit organization that strives to enhance the lives of children and adults with physical, mental, social, or emotional disabilities through their Veteran's, Silver Stirrups, and Therapeutic Horsemanship programs.

Location: 1907 Durbin Road, Fountain Inn, SC 29644

Contact: letssaddleup4tr@yahoo.com

www.letssaddleup.org

Whispering Pines

Whispering Pines offers therapeutic riding, tours, field trips, birthday parties, and are working to set up a summer camp program. They also offer a vocational program for high school students.

Location: 206 Adams Mill Road, Mauldin, SC 29662

Contact: Debbie Webster at debbiewebster615@gmail.com or 864-360-3222

www.wpstables.com or www.thehorselady.org

Inclusive Playgrounds (Public)

The Playground (Boundless Playground - Greenville County Rec)

The Playground is South Carolina's first Boundless Certified Playground and is designed for individuals of all abilities.

Location: The Pavilion Recreation Complex – 4806 Old Spartanburg Road, Taylors, SC 29687

Cost: Free

www.greenvillerec.com/theplayground

Century Park

The playground at Century Park in Greer offers many adaptive elements for children with disabilities.

Location: Century Park – 3605 Brush Creek Road, Greer, SC 29650

Cost: Free

www.cityofgreer.org/department/century.php

Sunset Park

The playground adjacent to the Mauldin Miracle League field at Sunset Park is fully inclusive for children of all abilities.

Location: Sunset Park – 204 Fowler Circle, Greenville SC 29607

Cost: Free

Multi-faceted Programs

Camp Spearhead Weekend Program

The Camp Spearhead Weekend program is for individuals 8 years old through adults of all disabilities and offers ten Saturday programs in the fall and ten Saturday programs in the spring.

Location: Drop-off and pick up for all activities is at the Bob Jones University Primary Center, 1450 Wade Hampton Blvd.

Cost: Ranges from \$30 - \$65 depending on the activity

Contact: Josh Wall at 864-288-6470 ext. 164 or jwall@greenvillecounty.org

www.greenvillerec.com/weekend-program

Hope Alive / Project Hope

This program is for teens and young adults with autism spectrum disorders. It meets every Wednesday from 12 – 3 in the summer in includes opportunities to socialize, exercise, learn life skills, and build social skills.

Location: Advent United Methodist Church, 2258 Woodruff Road, Simpsonville, SC 29681

Cost: Free

Contact: Phil Harris at 864-676-0028 or philharris@projecthopesc.org

YMCA RECESS Program

RECESS serves adults with disabilities who have completed high school. RECESS stands for Recreation, Exercise, Community, Education, Service, & Social Skills.

Location: Caine Halter YMCA

Cost: \$55/wk Scholarships available

Contact: Shawndra Tucker at stucker@ymcagreenville.org or 864-414-2177

Young Life Capernaum Group (David's Table) (Faith Based)

Youth Life Capernaum Group is for teens and young adults with disabilities and meets Monday nights throughout the school year for music, fellowship, Bible lessons, and dinner. During summer months they offer tennis and lunch on Thursdays at 10:00. Call for more information.

Location: Rocky Creek Baptist Church on Woodruff Road

Cost: Free

Contact: Skeeter Powell at 864-915-2479 or Brian Cooper at 864-350-3676

Music

Greenville Symphony

The Greenville Symphony welcomes individuals with disabilities and often offers tickets at no cost to individuals with disabilities and their caregiver /companion. Concerts are available throughout the year.

Location: Greenville Symphony Orchestra, 200 South Main Street, Greenville, SC 29601

Cost: Varies

Contact: Braxton Ballew at 864-232-0344 ext. 19 or braxton@greenvillesymphony.org

Music Adventure

Music Adventure offers inclusive music classes, private lessons, and birthday parties.

Contact: Lynne Holcombe musicadventureforkids@gmail.com

www.facebook.com/musicadventureforkids

Outdoor Adventure / Hiking

Therapeutic Outdoor Adventures

Therapeutic Outdoor Adventures organizes outdoor activities and hiking for people of all ages with disabilities. Their mission statement is to provide a unique and educational experience to individuals with mental and physical disabilities in a fresh air environment at no cost.

Location: Varies

Cost: Free

Contact: Will George at 864-525-0744 or wgeorge1209@gmail.com

<http://wgeorge1208.wix.com/toadventures>

Skiing and Snowboarding

Beech Mountain Adaptive Snowsports Center

Beech Mountain offers lessons for individuals with disabilities ages 5+ in sit down and stand up skiing during adaptive ski week only which is Martin Luther King Week each year. Applications are sent out in November to people who have expressed interest to Al Kaye in advance.

Location: Beech Mountain, 403-A Beech Mountain Parkway, Beech Mountain, NC 28604 828-387-9283 or 800-468-5506

Cost: Free for sit down skiers. Stand up skiers responsible for rentals.

Contact: Al Kaye, Clinical Specialist – Patricia Neal Rehabilitation Center at Ft. Sanders Regional Medical Center, 1901 Clinch Avenue, Knoxville, TN 37916. 865-541-1353

Cataloochee Ski Area

Cataloochee Ski Area offers half and full day lessons by appointment for individuals with disabilities.

Location: Cataloochee Ski Area, 1080 Ski Lodge Road, Maggie Valley, NC 28751

Cost: \$140 Full Day / \$70 Half Day

Contact: Samuel J. Lloyd at 828-859-2832 or contact the ski school at 828-926-0285 ext. 7315

Sled Hockey

Roger C Peace

Roger C Peace offers sled hockey clinics six times per year for all ages with physical disabilities.

Location: Ice on Main and the Pavilion

Cost: Free

Contact: Kristen Caldwell at 864-455-2627 or kcaldwell5@ghs.org

www.facebook.com/RogerCPeace

<http://www.ghs.org/rcp.communityevents>

Soccer

CESA Top Soccer

CESA offers soccer for individuals of all ages with disabilities six Sunday afternoons in the spring and six Sunday afternoons in the fall.

Location: TBD

Cost: Free

Contact: Richard Delap at rdelap@bellsouth.net or Amy Verrilli at amyverrilli@gmail.com

Social Events / Clubs

SEEYA (Social Events for Exceptional Young Adults)

This program is for young adults ages 15 and older.

Location: New Beginnings Methodist Church in Boiling Springs

Contact: info@scseeya.com

Spectrum Sundays (SC Autism Society)

All families affected by autism or related conditions are invited and do not need to be a YMCA member or a resident of Greenville. Activities include swimming, open gym, and arts & crafts. Registration is required.

Location: YMCA Adams Mill Program Center, 100 Adams Mill Road, Simpsonville, SC

Cost: \$5 / family Scholarships are available.

Contact: Greg McKee at 864-963-3609 ext. 24 or gmckee@ymcagreenville.org

Christy R. Delseni Autism Program

The mission of the Christy Delseni Autism Program is to develop a nurturing and safe environment for young adults experiencing Autistic Spectrum Disorders (ASD) by providing a support group led by committed individuals knowledgeable in the area of ASD, along with facilitating social skills and job training, educational opportunities, and supervised / supported living arrangements for group members resulting in the equipping of these young adults to reach their individual potential to be productive members of society.

Location: Brookwood Church

Contact: Sharon Birnbaum at 864-320-4002 or birnbaums@bellsouth.net

www.crdautismprogram.org

Theatre

Applied Theatre Center - Spectrum Program

This program is for teens and young adults on the autism spectrum. Participants practice social skills while developing a learning and performing a theatre piece. They meet the 2nd and 4th Thursday night of the month.

Location: First Baptist Church of Greenville, 847 Cleveland Street, Greenville, SC

Cost: \$240 / Year

Contact: Dale Savidge at 864-430-9502 or dsavidge@appliedtheatrecenter.org

Special Events

Come Dream with Me Prom – Family Connection of South Carolina

This is an annual event for teens and adults with disabilities put on by Family Connection. Formal attire is available at pre-dance events.

Location: TBD

Date: TBD

Cost: Free

Contact: Sherry Fields at 864-231-8100 or sherryfields@familyconnectionsc.org

Joni and Friends

Family camps and more. Weekend after Labor Day.

Contact: Kate Brueck at 704-841-1177 or kbrueck@joniandfriends.org

LOOK Program (Photography Exhibition) – Family Connection of South Carolina

This event is open for individuals with disabilities and their families. Photographs of people with disabilities are showcased at this event.

Location: Children's Museum of the Upstate

Date: TBD (Spring)

Cost: Free – Registration is required

Contact: Family Connection Greenville office at greenvilleinfo@familyconnectionsc.org or 864-331-1340

Night to Shine Prom Sponsored by the Tim Tebow Foundation

The first Night to Shine Prom for teens and adults with disabilities was a huge success. Hopefully this will become an annual event.

Location: Brookwood Church

Para-Cycling Road World Championships

The Para-Cycling World Championships will return to Greenville in 2015.

Location: Varies

Date: Labor Day Weekend

Cost: Free

Contact: This event will be advertised in the media closer to Labor Day.

Sports / General

Special Olympics

Special Olympics offers opportunities for individuals with disabilities 8 years and older to compete in a variety of sports. Everyone is invited to attend the Spring and Fall games as well as other competitions throughout the year.

Location: Varies

Cost: Free

Contact: Lara Ceisel at 864-288-6470 or lceisel@greenvillecounty.org

www.greenvillerec.com/activities-and-programs/special-olympics

Swimming

Spectrum Sundays (SC Autism Society)

All families affected by autism or related conditions are invited and do not need to be a YMCA member or a resident of Greenville. Activities include **swimming**, open gym, and arts & crafts. Registration is required.

Location: YMCA Adams Mill Program Center, 100 Adams Mill Road, Simpsonville, SC

Cost: \$5 / family Scholarships are available

Contact: Greg McKee at 864-963-3609 ext. 24 or gmckee@ymcagreenville.org

Aquatic Adventures

Aquatic Adventures provides special needs / adaptive swim programs and lessons.

Contact: Carla Reynolds at 540-969-8201 or creynolds@swimsurvivethrive.com

Tennis

Sportsclub of Greenville

The Sportsclub of Greenville offers private, semi-private, and group lessons (requires 4 – 8 people) for anyone who requires a sport chair to play tennis.

Location: Sportsclub Greenville, 712 Congaree Road, Greenville SC

Cost: \$10 per person for a clinic - \$55 / hour for lessons

Contact: Christopher Cleveland at Cleveland.christopher@gmail.com

Kroc Center

Tennis lessons are available at the Kroc Center and they occasionally host adaptive tennis clinics.

Location: 205 Gibbs Street, Greenville, SC 29601

Cost: Varies

Contact: Steve Cook at steve.cook@uss.salvationarmy.org

Young Life Capernaum Group

Adults with disabilities are invited to play tennis with the Young Life Capernaum Group on Thursday Mornings at 10:00. Equipment is included.

Location: Cleveland Park tennis courts

Cost: Free

Contact: Skeeter Powell at 864-915-2479 or Skeeter.powell@gmail.com

Theatre

Applied Theatre Center - Spectrum Program

This program is for teens and young adults on the autism spectrum. Participants practice social skills while developing, learning, and performing a theatre piece. They meet the 2nd and 4th Thursday night of the month.

Location: First Baptist Church of Greenville, 847 Cleveland Street, Greenville, SC

Cost: \$240 / Year

Contact: Dale Savidge at 864-430-9502 or dsavidge@appliedtheatrecenter.org

Water Skiing

Roger C. Peace

Roger C. Peace offers a "Ski Bash" twice in the summer for individuals with physical disabilities.

Location: Lake Bowen

Cost: Free

Contact: Danielle Fitzmorris dfitzmorris@ghs.com (864) 455-7711

www.facebook.com/RogerCPeace

<http://www.ghs.org/rcp.communityevents>

Yoga

North Main Yoga

North Main Yoga offers private and group lessons upon request for youth 11 years and under with physical limitations.

Location: Varies

Cost: \$15 - Group Package is available

Contact: Trish Repp at 864-404-7684

Yoga-2-Go, LLC

Yoga-2-Go offers children's yoga classes at schools, daycares, and youth programs in Greenville and surrounding areas for children with and without special needs. They also offer private yoga therapy based on an evaluation of a person's needs and will create a home yoga program for the family to use on their own. Serving ages 3+ of all ability levels.

Location: Varies

Cost: Varies

Contact: Amy Starkey – aims314@yahoo.com or 330-495-3864

www.missamysyoga2go.com

Inclusive / Accommodating Settings

Art

Art Haven

Art Haven offers drawing and pottery classes for all ages. Camps are also available in the summer.

Cost: Varies

Location: Fountain Inn Civic Center, 315 N. Main Street, Fountain Inn, SC 29644

www.yountscenter.org/visual-art

Michael's Arts and Crafts

During the summer Michael's offers a series of craft classes that welcome children with disabilities.

Cost: Typically around \$2.00 per class.

Location: Michael's Arts and Crafts on Woodruff and Laurens Road

The Glazing Pot

The Glazing Pot is especially accommodating for summer day camps.

Cost: Varies

Location: 3093 SC-14, Greer, SC 29650

Uptown Art

Uptown Art is very accommodating and willing to provide extra staff if needed with advanced notice and serves all ages.

Cost: \$35 per class

Location: 1117 Woodruff Road, Greenville, SC 29607

Baseball

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Greenville Drive

The stadium is very accessible and they offer free valet parking for individuals with disabilities.

Cost: Varies

Location: 945 S. Main Street, Greenville, SC 29601

www.greenvilledrive.com

Basketball

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Bowling

AMF Bowling Lanes

Summer bowling pass for \$39.00. Bowl 3 games per weekday throughout the summer. Must rent or purchase shoes.

Cost: See above

Location: 740 S Pleasantburg Drive, Greenville, SC 29607 - 864-242-5764

Wade Hampton Bowling

\$2.00 per game including shoes if needed. This location is wheelchair accessible.

Cost: See above

Location: 3065 Wade Hampton Blvd, Taylors, SC 29687 – 864-268-4136

Cheerleading

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Dance

Carolina Dance Collaborative

Carolina Dance Collaborative offers inclusive summer camps for individuals with disabilities as well as classes specifically catered for pre-teen-adult individuals with disabilities. CDC is a mobile Community

Dance Outreach Company and does not have a physical location as they primarily collaborate with other businesses, facilities, and organizations in the Upstate.

Contact: Kelsey Crum, (864) 315-3732, info@carolinadancecollaborative.com

Website: CarolinaDanceCollaborative.com

Inclusive Summer Camps: CDC provides summer dance camps for ages 3-12 for the community and includes individuals with disabilities to join along. Many themed camps such as: Frozen, Under the Sea, Big Top Circus, and Lego Movie are just a few. Camps run throughout the entire summer months from Monday-Thursday or Friday between 9-12 and 1-4pm. Costs Range from \$109-\$199.

After-School Programs: CDC can accommodate any individuals with special needs or disabilities at their after school programs. For a list of after school sites please visit our website and contact us about how to get involved. Don't see your child's school listed? Ask us as we are always looking to add more after school site's to our programs.

Artisan Dance

Artisan Dance can accommodate any disability for ages 7 – 18.

Cost: 45 minute class once a week is \$55 / Month - 1 hours class once a week is \$62 per month.

Location: After School Plus, 510 South Main Street, Mauldin, SC 29662

Contact: 864-395-5304

www.artisandance.org

Flag Football

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Gymnastics

Elite Gymnastics

Ages preschools through high school

Location: 3710 Grandview Drive, Simpsonville, SC 29680

Contact: 864-967-8931

Ice Skating

The Pavilion (Greenville County Rec)

Open skating hours vary by day. Assistive devices such as walkers are available.

Location: 400 Scottswood Road, Taylors, SC 29687

Contact: 864-322-PLAY

www.greenvillerec.com/ice-skating

Karate

Upstate Karate

Especially good for students with sensory processing disorders and autism spectrum disorders. Also great for following directions and motor skill development. All ages

Cost: \$110 / month

Location: 129 N. Main Street, Simpsonville, SC 29681

www.upstatekarate.com

Museums

Children's Museum of the Upstate

Open exploration, special holiday events, camps, and after school art programs.

Cost: \$10 for adults and \$9 for children 15 and younger. \$150 yearly membership.

Location: 300 College Street, Greenville, SC

Contact: 864-233-7755

www.tcmupstate.org

Music

Kindermusik

Preschool age

Location: 153 Augusta Street, Greenville, SC 29601

Contact: 864-834-1623

www.kindermusik.com/kindermusikfun

Park Programs

Park Hop

Park Hop is a scavenger hunt throughout local parks across Greenville County.

Location: Varies

www.parkhop.org

Skiing

Sapphire Valley Ski Resort

Staff and safety patrols are very accommodating and will give lessons / instructions. Call ahead to make arrangements.

Location: 207 Sapphire Valley Road, Sapphire, NC 28774

Contact: 828-743-7663

Soccer

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Social Events / Clubs

Girl Scouts and Boy Scouts

Both organizations have been accommodating for individuals with various disabilities. It depends entirely on the leader of each troop. Starting a troop of your own is also an option.

Girl Scouts: www.gssc-mm.org Boy Scouts: www.blueridgecouncil.org

Special Events

Boo in the Zoo

Wear costumes and trick-or-treat in the zoo.

Location: 150 Cleveland Park Drive, Greenville, SC 29601

www.greenvillezoo.com

Story Time

Greenville Library System

Toddler to Preschool

Cost: Free

Location: Libraries throughout the County

Contact: 864-527-9235

www.greenvillelibrary.org

Theater / Acting

F.I.R.E.

Acting workshops and classes for school age and up.

Location: Fountain Inn Civic Center, 315 N Main St, Fountain Inn, SC 29644

Contact: 864-409-1050

Children's Theater

Classes and productions that children enjoy. School age and up.

Cost: Varies

Location: Peace Center – Downtown Greenville

Contact: 864-235-2885

www.scchildrenstheatre.org

Volleyball

Upward Sports

This is a nationwide program with thousands of locations. Identify a location that works best for you through their website.

Cost: Varies

Location: Varies

www.upward.org/find-a-place-to-play

Waterparks

Greenville County Rec

Greenville County Rec operates three waterparks in Greenville County: Discovery Island, Otter Creek, & 7th Inning Splash open daily in summer. Discovery Island and Otter Creek both have zero depth entry pool areas.

Cost: Varies

Locations:

Discovery Island: 417 Baldwin Road, Simpsonville, SC 29680

Otter Creek: 101 W. Darby Road, Greenville, SC 29609

7th Inning Splash: 1500 Piedmont Highway, Piedmont, SC 29673

www.greenvillerec.com

Zoo

Greenville Zoo

The Greenville Zoo is open daily. The Zoo also offers day camps that can be appropriate and accommodating.

Cost: Varies

Location: 150 Cleveland Park Drive, Greenville, SC 29601

www.greenvillezoo.com